



**Kid Fit
18M - 3Y**

Instructor: Kim Kush

This program teaches young children how to focus their attention while having fun developing basic skills such as walking, running, jumping, hopping, skipping, throwing, kicking a ball, catching, batting, and rolling. Every child will experience the thrills of learning new skills. Parents and guardians may be required to participate in the program with their children. Caregivers and children should wear loose clothing and running shoes. (Max. 12)

Fee: \$65.00(R)/\$81.25(N)
David H. Church Public School
Gymnasium

Weeks: 8 Apr 13-Jun 1
Tue 9:15 AM-10:00 AM Code:25267

Playball offers formalized sport and movement development for boys and girls beginning at two years of age. At each level the children's developmental, emotional, and physical needs are met. The progressive nature of Playball sets boys and girls up for immediate and future success in sport. Positive coaching methods are used to develop life skills, like independence, self confidence, courage, discipline, concentration, and listening skills, good sportsmanship, responsibility, and social interaction. Each program has an impressive creative component that ensures each lesson is both exciting and positive. Boys and girls are never bored and genuinely love the lessons.

**2 Can Do!
An Introduction to Playball
2Y - 3Y**

Instructor: Kristan Cranley

In this program we lay down the basic foundation of movement in order to enable the child to accomplish more challenging sport related skills in later years. This program is designed to be transitional, slowly creating independence. Your child will gain confidence in this positive play setting while they are emotionally and socially challenged. Parent participation may be required for the first 1/2 to 3/4 of the program. (Max. 6) **No class on May 24, 2010.**

Fee: \$88.00(R)/\$110.00(N)
Couchiching Heights Public School
Gymnasium
Weeks: 8 Apr 12-Jun 7
Mon 6:00 PM-6:30 PM Code:25065

**Playball Indoor Soccer
3Y - 5Y**

Instructor: Kristan Cranley

The perfect introduction to soccer and team participation. Fun and non-competitive games and drills introduce the basic skills of soccer. No aimless running around – every child has their own ball and is kept busy for the entire session. (Max. 8) **No class on May 24, 2010.**

Playball Indoor Soccer (3-4 years)

Fee: \$115.00(R)/\$143.75(N)
Couchiching Heights Public School
Gymnasium
Weeks: 8 Apr 12-Jun 7
Mon 6:30 PM-7:15 PM Code:25604

Playball Indoor Soccer (4-5 years)

Fee: \$115.00(R)/\$143.75(N)
Couchiching Heights Public School
Gymnasium
Weeks: 8 Apr 12-Jun 7
Mon 7:15 PM-8:00 PM Code:25068

**Sport-ability
3Y - 5Y**

Instructor: Kim Kush

This class provides children an opportunity to safely explore their environment & introduces them to physical activity. Children will learn about body movement, such as coordination & balance. Some basic gymnastics and sports coordination skills will also be introduced. This is a great environment to establish important social skills such as listening, taking turns and following directions. Parents and guardians may be required to participate in the program with their children. (Max. 8)

Fee: \$65.00(R)/\$81.25(N)
David H. Church Public School
Gymnasium
Weeks: 8 Apr 13-Jun 1
Tue 10:15 AM-11:00 AM Code:25266

THE S.U.N. SYSTEM

**DID YOU KNOW YOU PROBABLY ALREADY HAVE A CLIENT ID AND ACCOUNT PIN!
PLEASE DON'T TRY CREATING A NEW ACCOUNT ON THE S.U.N. SYSTEM IF YOU OR A
MEMBER OF YOUR IMMEDIATE FAMILY HAS EVER BEEN REGISTERED IN A PROGRAM.**

**WE'VE ALREADY GOT YOU IN OUR SYSTEM -
JUST CONTACT US AN WE WILL GIVE YOU ALL YOUR ACCOUNT INFORMATION.
CALL US AT (705) 329-7250 OR EMAIL US AT PARKS@CITY.ORILLIA.ON.CA**

**Lots for Tots
Music and Movement
15M - 30M**



This eight week parent and child interactive program will show parents how easy it can be to encourage early literacy skills and help your child to be more active by using music, songs, ribbons, parachutes, scarves, instruments, poems, dancing, playing, and more. (Max. 8)

Fee: \$45.00(R)/\$56.25(N)
Orchard Park Public School
Gymnasium
Weeks: 8 Apr 22-Jun 10
Thu 6:00 PM-6:45 PM Code:25030



**Tiny Toes Dance
3Y - 5Y**

Instructors: Erica Schryer
& Shelby Da Silva



This program combines jazz & ballet dancing for your preschooler. Little ones will have a great time learning basic dance steps while having fun. A routine will complete the class. (Max. 8) **No class on April 27 and May 24, 2010.**

Fee: \$45.00(R)/\$56.25(N)
Stephen Leacock Museum
Swanmore Hall

Weeks: 8 Apr 13-Jun 8
Tue 5:30 PM-6:15 PM Code:25164

Weeks: 8 Apr 22-Jun 10
Thu 5:30 PM-6:15 PM Code:25165



**Art Attack
3Y - 5Y**

Instructor: Sarah Whaley

For the budding artist, this class offers it all! Children will enjoy imaginative doodling as well as creating their own craft sensations. They will have the opportunity to develop life skills while creating fun and seasonal projects. Remember to wear old clothes or bring a smock. Get ready for an **ART ATTACK** (Max. 8)

Fee: \$55.00(R)/\$68.75(N)
Couchiching Heights Public School
Classroom
Weeks: 8 Apr 13-Jun 1
Tue 6:00 PM-6:45 PM Code:24876

**Floor Hockey
4Y - 6Y**

Instructors: Rudy Fernandes



This non-contact floor hockey program will emphasize creating an environment for both girls and boys to work on basic floor hockey skills such as stick handling, passing, team play, and sportsmanship, all while having fun! Each class will involve skill building activities as well as games. (Max. 8) **No class on May 24, 2010.**

Helmets & face guards required.

Fee: \$45.00(R)/\$56.25(N)
Regent Park Public School
Gymnasium

Weeks: 8 Apr 12-Jun 7
Mon 5:30 PM-6:30 PM Code:24913

**Sports for Shorts
3Y - 5Y**



Instructor: Shannon Ward

Sports for Shorts will get your preschooler enjoying and exploring a variety of sports including soccer, basketball, t-ball and some low stress, non-competitive, cooperative games to foster teamwork and skill building. Making friends and having fun will be the main goal of this program. Parental participation is encouraged and expected. Try it out! (Max. 8)

Fee: \$45.00(R)/\$56.25(N)
David H. Church Public School
Gymnasium
Weeks: 8 Apr 15-Jun 3
Thu 6:00 PM-6:45 PM Code:25119

**REGISTRATION BEGINS
FEBRUARY 12, 2010.**

**Hip Hop Dance
4Y - 6Y**

Instructors: Erica Schryer
& Shelby Da Silva



Join us for a high-energy, fun-filled Hip Hop dance class! This class is guaranteed to get everyone moving! Learn fundamental moves and various routines of hip-hop dance while grooving to the latest music. (Max. 10) **No classes on April 27 and May 24, 2010.**

Fee: \$45.00(R)/\$56.25(N)
Stephen Leacock Museum
Swanmore Hall
Weeks: 8 Apr 13-Jun 8
Tue 6:15 PM-7:00 PM Code:24917